

Free distribution of medicines



Checking Blood Pressure



**Future Events:**

SathSeva will visit more villages in Krishna District in coming months. Current planned events at glance:

- Bay Area Annual Sport Event – August 29<sup>th</sup> 2010
- Phase II preventive camp at Krishna Puram – September 12<sup>th</sup> 2010
- SathSevak training Camp at Vijayawada – October 16 -22<sup>nd</sup> 2010

**How you can help:**

You can help our cause by volunteering in USA and India. We are looking for various volunteers in the following areas.

*Marketing/spreading message*

*Data entry*

*Mail dispatchers*

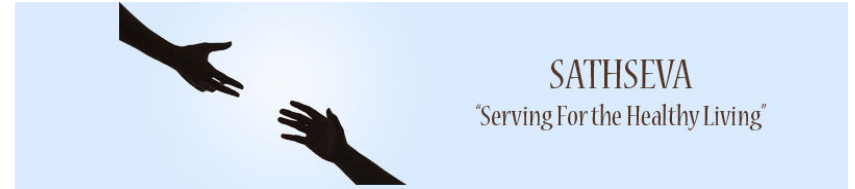
*Corporate Donation Matching Program*

*Event Organizers*

*Volunteers in India*

And / or **donate** for this charitable cause , For example a simple donation of \$30 for 5 years will help a child get his/her complete immunization. All your contributions may be tax deductible.

For more details please send an email to [info@sathseva.org](mailto:info@sathseva.org) or visit [www.sathseva.org](http://www.sathseva.org) or contact the volunteers available at any Sathseva organized events.



A registered non-profit organization  
[www.sathseva.org](http://www.sathseva.org)

**India Chapter**  
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Phone: 01-91-9908228599

**USA Chapter**  
Email: [info@sathseva.org](mailto:info@sathseva.org)  
Phone: 408-737-3947

## Overview:

Started in 2007, SathSeva is non-profit registered 501©(3) charitable organization serving the needy in rural Indian villages focusing out-patient health services.

### Primary Areas:

- On-Site health checkups
- Immunizations
- Education on healthy habits and prevention of various diseases
- Providing education material and bringing awareness about Sanitation and Water Purification.
- Training and building a dedicated volunteer force to meet the organization goals.

## What we do:

### Preventive care:

Our Mobile preventive care center with our trained medical staff and volunteers go to villages to perform physical checkup (Weight, Height, Temperature, Blood Pressure, Diabetes, Heart Rate, Blood tests etc.). All the data is recorded, for reference for our future visits. Immunizations and medication are provided during these visits.

We are planning to build multi-specialty **Preventive Care Centers**

*(Details will be updated soon)*

### Health Education:

SathSeva Health experts collect latest health information and analyze them based on local conditions and cultures. Later uses this information to implement required Health Education through:

- Videos, Multimedia
- Picture Slides
- Wall posters
- Training Material for SathSevaks
- Training Material for Nurse Practitioners
- Monthly news letters with information on Nutrition , Medical & Dental

For every organization, Volunteers are the backbone, as part of this program Sathseva is creating the village volunteer force (SathSevaks) by:

- Identifying interested and dedicated volunteers in each village
- Map the resources with the known preventive measures in that area
- Train the SathSevaks
- Provide the Education and Pamphlets for Sanitization (habits, cleanliness, immunization and preventive care materials)
- Engaging them in village weekly SathSeva activities

This to ensure that there will be trained and educated volunteers to carry on the SathSeva programs for positive healthy living.

### Recent Preventive Care Camps:

#### Lakshmpuram, Krishna District (A.P., INDIA) visit

Our India Chapter

Serving young



#### Krishnapuram, Krishna District (A.P., INDIA) visit

Reaching out to remote location



Serving the elderly

Serving all ages and groups

